



22<sup>nd</sup> October 2021

Dear Parents/Carers

I am writing to let you know about Riddlesdown Collegiate's work with Place2Be, a national charity supporting schools to improve the confidence and wellbeing of children and young people.

Place2Be provides emotional and therapeutic support to children, young people, families, and staff in more than 450 schools nationwide.

It gives children and young people a space to express themselves through talking and creative work, and to think about any worries they might have. Place2Be also provides support for parents and staff too.

## **Place2Talk**

One of the most popular aspects of this service is called 'Place2Talk'. It's open to all children and young people at Riddlesdown Collegiate, and they can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of children and young people who access the service in schools take advantage of this service every year. Children and young people often talk about friendships or any worries they may have.

Place2Be will record your child's name, date of birth, year group, gender, ethnicity, the broad topic of discussion and any actions taken as a result of the session. This information is stored securely. It is used in key coded form to evaluate Place2Be's service and improve our work.

## **Parental Agreement for Accessing Place2Talk**

Unless we hear otherwise from you, the school and Place2Be will assume that your child has parent/carers' permission to come to Place2Talk.

If you would like to find out more or would prefer that your child does not use this service, please contact **Naomi Ashley-Thorne** (Mental Health Practitioner/ Counsellor) on [naomi.ashley-thorne@place2be.org.uk](mailto:naomi.ashley-thorne@place2be.org.uk) who will be very happy to answer any questions.

Yours sincerely

Fiona Langan  
Assistant Principal