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The Duke of Edinburgh's Award



Learners of today. Leaders of tomorrow



Miss J Baker





Riddlesdown Collegiate



THE DUKE OF
EDINBURGH'S AWARD

www.DofE.org

About the Duke of Edinburgh's Award

It is a challenging programme of leisure time activities which will give participants the chance to:

- Learn new skills
- Help others
- Experience adventure



The ethos of the award

- △ Personal challenge
- △ Non-competitive
- △ Personal development
- △ Range of skills
- △ Resilience and independence

As a result it is valued by a range of influential people, organisations and employers



Structure

Levels:

- Bronze
- Silver
- Gold



Sections:

- Skills
- Volunteering
- Physical Recreation
- Expedition



Key Points:

- You can choose to start a new activity or work on an activity that you already enjoy.
- “You don’t have to be good, you just have to get better”.
- Involvement may be through extra-curricular clubs and activities provided at school or elsewhere.
- Guidance and advice can be given by leaders but the Scheme relies on self-motivation by participants.



This covers interests or hobbies such as:

- Art
- Crafts
- Playing a musical instrument
- Photography
- Reading
- Animal Care
- Cookery



[Skills - The Duke of Edinburgh's Award \(dofe.org\)](http://dofe.org)

Volunteering

This is about helping others.

It includes charity work and conservation work or you could help at school clubs with pupils from a younger year group.

Examples:

Helping at Brownies, Cubs, Rainbows etc.

Voluntary work at charity shops

School Readers Scheme

Fundraise

Raise awareness for a cause

Other voluntary work



Volunteering

It can also include involvement in a prearranged service training course such as:

- British Red Cross First Aid
- Police Service Training
- Lifesavers Award



[Volunteering - The Duke of Edinburgh's Award \(dofe.org\)](http://dofe.org)



Physical

This is a physical activity which should take place outside of school lessons.

Activities could include:

Basketball

Cycling

Dance

Fitness

Football

Gymnastics

Netball

Rugby

Online fitness

Couch to 5K Challenge



[Physical - The Duke of Edinburgh's Award \(dofe.org\)](https://dofe.org)

Requirements for Skills, Volunteering and Physical Sections

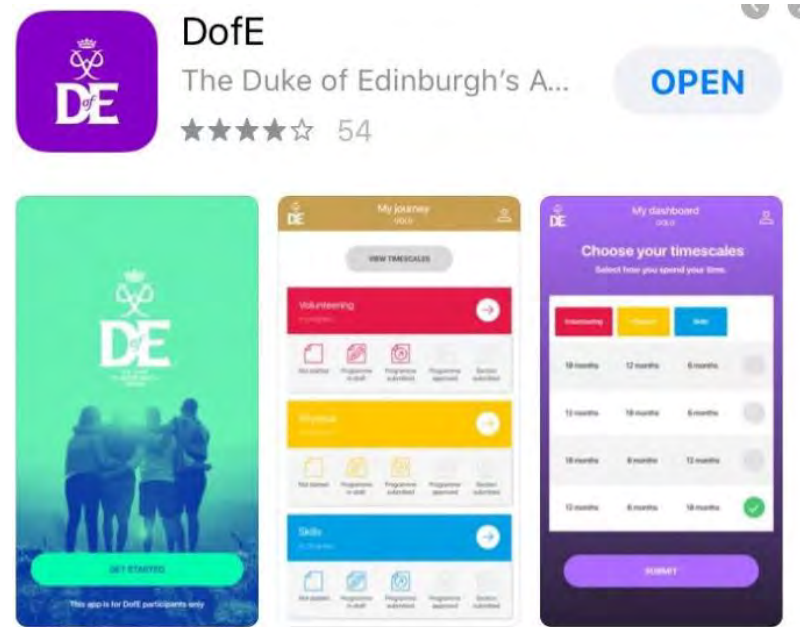
- △ You must complete a **minimum of 15 hours** over a minimum of 3 months on each section.
- △ You must complete an **additional 15 hours over 3 months** on one section.

3 – 3 – 6 split



Recording your progress

Progress is recorded online using edofe or the DofE app



There are youtube instructions on how to use this






[How to use the DofE App - YouTube](#)



Expedition

This is the only activity which is specifically organised by the school.

You will receive training in:

-  Route planning and map skills
-  Navigation
-  Camp craft
-  Equipment
-  Safety Procedures and Basic First Aid



Expedition

You will:

- 📍 Attend route planning sessions after school
- 📍 Attend a training morning
- 📍 Complete a 2 day Training Expedition
- 📍 Complete the 2 day Assessed Expedition

All components need to be completed to fulfill this section.



Expedition

The Training and Assessed Expeditions will involve you:

Working as a team of 4 – 7 people



Bronze - Planning a 15 mile walk over 2 days Navigating your group on the walk



Carrying all you need for 2 days including:

- Your food
- Your clothes
- Your bedding
- Your tent



Expedition

Camping overnight



Expedition

Preparing your own food



What you need to do next

Each College has been allocated 25 places

Selection Criteria:

- Good record of attendance and punctuality
- Good record of behaviour
- Skills that you already have
- Skills that you would benefit from developing
- Commitment and organisation



What you need to do next

If you think that the Duke of Edinburgh's Award Scheme may be for you:

- Download the information from the Collegiate website.
- This is found under Curriculum – Enrichment
- Complete the Google enrolment form
- Submit your application by the closing date
- Decisions will be notified via email

[Duke of Edinburgh's Award | Riddlesdown Collegiate](#)



Payment is only due once acceptance onto the Award has been confirmed

The fee covers:

- The enrolment fee
- A Welcome Pack
- Any expedition training required
- Costs for running the training and assessed expeditions

Please note students will need to provide their own camping/expedition equipment



Further information

For further information:

 Student Services

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www.dofe.org



